ABSTRACT

Systems and methodologies associated with a monitor stand that accommodates monitors with various weights and that facilitates adjusting the height of a monitor without locking the monitor in position are described. One exemplary system embodiment includes a base, means for providing a fixed lifting force for holding the monitor in the user-selected vertical position, a guide supported by the base, and an attachment assembly that moves vertically within the guide and that supports the monitor. The attachment assembly can be configured to receive the lifting force. The monitor stand can also include a friction assembly operably connected to the guide and/or the attachment assembly. The friction assembly can be configured to produce a user selected frictional force between the guide and the attachment assembly that helps hold the monitor in the user-selected vertical position without locking the monitor in place.